

HOW TO USE THIS BOOK

The strategies presented in this book are based on the theory and practice of Applied Behavioral Analysis (ABA). Although ABA is by no means the only intervention in the treatment of autism, it is the premise for the information presented in this book. The need for predictable experiences, structure, and uniformity are life-long in nature, and the behavioral approach has much to offer those who are involved in the education of persons with autism. This book is designed to assist parents and educators in the continued process of applying behavioral principles within the more natural environments of school and home. Each chapter is organized in a similar fashion, with examples and reproducible summaries for easy reference. Examples are intended to cultivate useful ideas, whether they are implemented as stated or adapted to meet the individual's needs. Example checklists are provided for the school, home, and extracurricular setting and can be adapted for use with children in preschool through 2nd grade. Use with older children may require adaptation of existing examples.

Overview of Applied Behavioral Analysis

Identify target behavior

Reward desired behavior



Achieve mastery

Institute cost response

Limit number of targets

Prompt for success