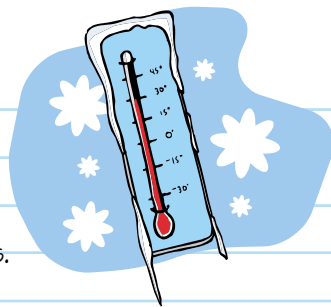


## Home Checklist

### Getting Ready for School (beginning)

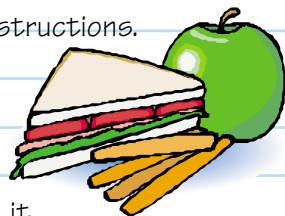
#### Get Dressed for School

1. Check the thermometer to find out the temperature.
2. Wear the right clothes for the weather. If it is 60 degrees or warmer you can wear shorts. Otherwise wear long pants.
3. Wear shorts or pants with pockets.
4. Wear a shirt that goes with your pants. Ask me if you are not sure.



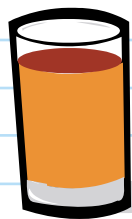
#### Pack your Lunch

1. Put a block of blue ice in your lunch bag.
2. Make your sandwich. Use the "How to Make a Sandwich" instructions.
3. Get a container and put your sandwich in it.
4. Get a plastic bag and put 5 carrots in it.
5. Put your milk money in your pocket. Milk costs 35 cents.
6. Put your lunch bag in your back pack.
7. Clean up everything you use. Put food back where you found it.



#### Breakfast

1. Set up your place at the table.
2. Get a glass and pour your juice.
3. Get a small dish of fruit.
4. Take your vitamin.
5. Tell me what you want for breakfast.
6. Clean up your place at the table.
7. Brush your teeth.



#### Make your bed and clean up your room

Follow the task sheet by your bed.

#### Homework

1. Check to see if you have any homework to do in your folder.
2. If you are finished with your homework, choose a book to read.
3. Show me your work when you are done.
4. You may play on the computer from 8:30 to 8:45 if you do your work.

#### Go to School at 8:45.

1. Wear a sweatshirt if it is 45 degrees or warmer. Wear a coat, hat, and gloves if it is colder than 45 degrees.
2. Look outside to choose the right shoes or boots.
3. Take your back pack.



### Getting Ready for School (end)

#### Get Dressed for School

**Pack your Lunch:** sandwich, vegetable, milk money

**Breakfast:** juice, fruit, vitamin

**Brush teeth, make bed**

**Homework:** finish what's in folder, then read a book for the book log

**Computer time:** 5 minutes for each homework activity

**Be Ready for School at 8:45:** return library books on Monday, turn in homework on Thursday



## Extracurricular Activities:

### Sports Camp Checklist

1. Stay with your group. Your group is called the Rockets. Haley is also in your group.
2. Participate = do what the other kids are doing
3. Tell your instructor if you don't want to do something. If the water is too cold for swimming, you can play cards instead.

#### Today's schedule:

**8:30-9:00** Open gym. You can shoot baskets. You can earn a double (+) if you ask someone to play with you.

**9:00-10:00** Gymnastics

**10:00-11:00** Ice skating

**11:00-12:00** Floor hockey

**12:00-12:30** Lunch

**12:30-1:00** Outside play

**1:00-2:00** Swimming (or cards)

**2:00-3:00** Climbing wall

**3:00-4:00** Soccer

**4:00** Go home



You can earn a (+) for each activity that you participate in. Each (+) is worth 5 minutes of free play when you get home.

#### SCORE!

You can earn 5 minutes of computer time for each (+).

You need to get 70% or higher to get a (+).

90% or higher is double (+)!

If you goof around you will not get a (+). Playing on the keyboard is goofing around.

#### Sunday School

You can earn a (+) for each activity at church.

Story time: the story was about \_\_\_\_\_

Music: sing along

Arts and crafts: look at what your friends are doing

Scripture memory verse: this week's verse is 1 John 4:10.

Games: play along, watch your friends to know what to do.

#### Ski Lessons

You can earn a (+) for each run when:

You control your speed.

You make at least 20 turns.

You need to stay with your group. Your instructor's name is \_\_\_\_\_.

Your lesson is from 1:00 to 3:30. Then you can go home and have your play time.

#### T-ball

You can earn a (+) each time you participate:

- Talk to your friends. Answer when they talk to you.
- Wait your turn at bat. Swing hard! You will get a check for each ball you hit. 5 checks = (+)
- Run the bases: to first base when you hit the ball, then to the next base when someone else hits the ball.
- Try to catch the ball with your glove. Throw it to the first baseman.

